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## MILD HYPERBARIC OXYGEN THERAPY (mHBOT) OFFICE POLICIES

We have adopted the following policies for HBOT sessions in our Center.

- Please arrive at least 15 minutes prior to your therapy session.
- A Physician Consultation with Dr. Comia is required prior to beginning therapy.
- If you are experiencing any upper respiratory symptoms (e.g., nasal or sinus congestion), please call the office to reschedule your session.
- Caregivers who wish to accompany a patient in the chamber must complete a separate Informed Consent form, and be cleared of any HBOT contraindications.
- You may bring a clean bedsheet and pillow so you may be comfortable inside the chamber.
- An oxygen mask will be provided. Patients are responsible for the care of their oxygen mask.
- **No food or drink** allowed inside the chamber.
- To minimize fire hazards in the chamber:
  - **Do not use any perfume/cologne**, oils, lotion (after-shave, body), hair spray, nail polish, and petroleum-based products (such as Vaseline) prior to therapy session.
  - **No electronic equipment** (e.g., cell phones, laptop, video games, watch, etc.) will be allowed in the chamber. Reading a book/journal is allowed in the chamber.
  - Do not take any flammable items (such as lighters, matches) into the chamber.
- Please call the office at least 24 hours prior to an appointment to cancel/reschedule.

*In full knowledge of the afore-mentioned statements, I understand and agree to abide by these policies.*

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Parent/Legal Guardian Signature, if patient is a minor